

“From folk song to pop music, energized your classroom”

“Jambo bwana”

- Jambo bwana is a Kenyan pop song also popular in Tanzania. It was first released in 1982 by Kenyan band Them Mushrooms, and later covered by a number of other groups and artists. "Jambo Bwana" has been largely adopted as a hotel pop song, targeting a tourist audience. Its lyrics include several common phrases and greetings in Swahili.

Jambo Bwana

Jambo, Jambo bwana
Habari gani, nzuri sana
Wageni, Mwakaribishwa
Kenya jetu hakuna matata

Hello Mister

Hello, hello mister
How are you, very well
Welcome, we receive you
In our country, no problem

- Learn the song (adding clap clap after each phrase, then stomp on half note)

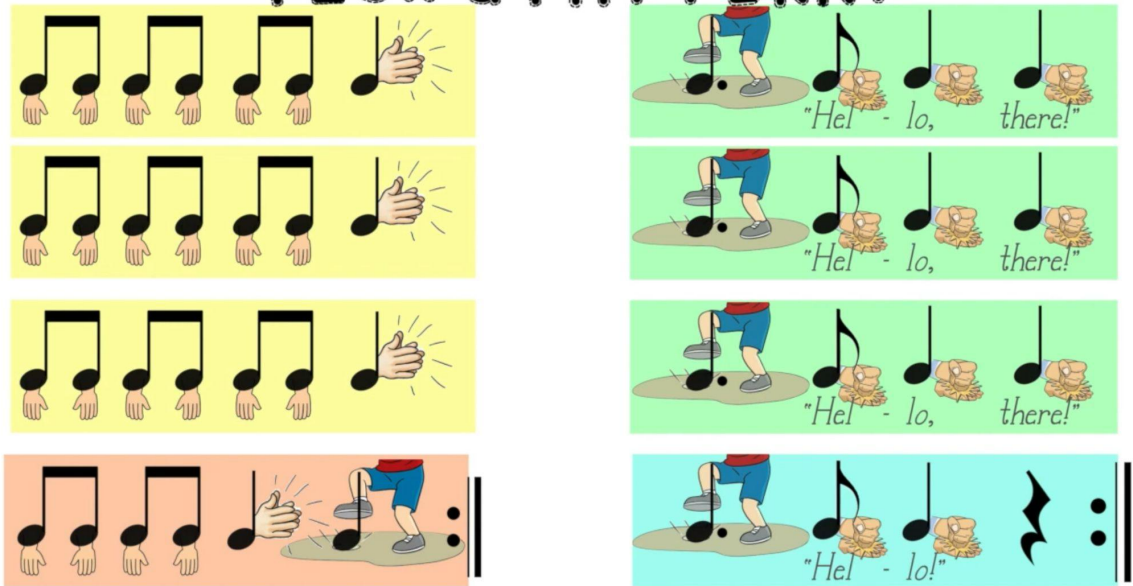
JAMBO BWANA
Kenya Nchi Nzuri Hakuna Matata

Teddy Kalanda Harrison
Arr by Erastus Nganga

The image shows a piano accompaniment score for the song "Jambo Bwana". It is written in 4/4 time with a tempo of 100. The score is in two systems. The first system has four measures with chords C, C/E, F, F/D, G, and C. The second system has four measures with chords C, C/E, F, F/D, G, and C. The bass line includes fingerings (1, 2, 3, 4, 5) and dynamics (mf). The score ends with a double bar line and repeat signs.

- Let's add some percussion (choose any unpitched percussion instruments)

PICK a PATTERN!



- Possible objectives with this song: quarter and eighth note; skip & step intervals; fa or low ti; tum-ti; different stages of preparing & presenting & practicing.
- Creative composing activities: replace “Kenya” to any location of your hometown; Orff arrangement (bass drum keep steady beat, students write their own 4 beat rhythm patterns replace body percussion parts)
- Reference link: <https://www.youtube.com/watch?v=ipIm029DciA>

“Fishing song”(China)

- Pronunciation and translation:

白浪滔滔我不怕 撑稳舵儿往前划 (Buy-long tall tall- wo- boo-pa; Chung-ci-door'er'-wang-jim-ha)

撒网下水到渔家啊 捕条大鱼笑哈哈 (saw-wang-sha-tray daw-yu-cha; Bo-tiao-da-yu-jiao-haha)

嗨哟一哟一哟哼嗨哟 嗨哟一哟一哟哼嗨哟 (Hi yo yo yo hoo hi yo Hi yo yo yo hoo hi yo)

嗨哟一哟一哟哼嗨哟 嗨哟一哟一哟哼嗨哟 (Hi yo yo yo hoo hi yo Hi yo yo yo hoo hi yo)

I'm not afraid of the surging white waves

Hold on to the rudder and paddle forward

Cast the fish net into the water to the fisherman's house

Catch a big fish, laugh loud as hahaha

Hi yo yo yo hoo hi yo Hi yo yo yo hoo hi yo

Hi yo yo yo hoo hi yo Hi yo yo yo hoo hi yo

- Dancers movement:

Verse 1: step, out; step, out; Jump, Jump, Jump (repeat this pattern 4 times, L to R then R to L)

Verse 2: out, in, out, in; out, out, in (repeat this pattern 4 times)

Clappers movement:

Verse 1: tap, in, tap, in; tap, in, tap, in; tap, tap, in, in

Verse 2: in, out, in, out; in, in, out (repeat this pattern 4 times)

P.S. dancers and clappers always move onto opposite direction

“ Polka dance with pop ”

- Dancing movement :

Part A: heel toe heel toe, slide slide slide X 2 times

Part B: Right right right Left left left both both both knees knees knees

Bow 234, excuse me (take 4 beat) X 2 times

The overall process of preparing Pop music to folk dance:

1. Choose a song (CRT theory, choose students' familiar with, empower them to grow intellectually, socially, emotionally)
2. Determine the meter& form of the song
3. Choose a folk dance, Determine the meter& form of the folk song/dance
4. Try out the dance motion with the pop song (always be flexible to adjust the dance to match the song)

Warm-up dance: “Believer” by imagine dragon; “We will rock you” by Queen; “You make me feel like” by Aretha Franklin;

(Ps Credits to *Melissa Flores OAKE* 2024)

From known to unknown (procedure/safety tips)

- Create your own “tinikling dance” (Bayanihan Philippine dance company, “Juan silos Jr.& Rondalla” Album “Philippine folk dances”)
- Start the dance without moving the pipes, using imaginary body percussion to find the beat/ mirror the movements before using the pipes
- For clappers, knees behind the pipes to avoid injure or tripping others
- Start your dance from one to partner, then move onto small group and variations
- tap/wrap the end of the pvc pipes, also remind students put thumb on top avoid any possible injure

Prepare/present/practice: Mix different music elements in one song. Such as, “fishing song” can be used for presenting or practicing $2/4$ meters, *do pentatonic*, or prepare *tim-ka* rhythm; For “zousan”, it can be prepare *tum-ti* while practice *ti-ri*, etc; For “three little bear”, it can be practice *ti-ri* while prepare *high do*, etc. Using multiple “tools” to mix different music elements into one song, can enhance the learning experience, strengthen what students already know, gradually move onto “new objectives”, improve music learning and immerse within a melodic, rhythmic, harmonic environment.

- Music suggestions:
 - “Ain’t worried” by one direction
 - “Kings and queens” by Kidz Pop
 - Paul Russell - Lil Boo Thang